

Worksheet: Top-Down Structure Flowchart

Step 1: Identify Macro Trend (1D or Weekly)

What is the dominant trend direction? (Uptrend / Downtrend / Sideways)

Where are the most recent Higher Highs (HH) or Lower Lows (LL)?

Are price levels respecting a trendline, channel, or zone?

Sketch or describe:

Step 2: Midframe Confirmation (4H)

Does price confirm continuation or hint at reversal?

Are we forming consolidation, flags, or corrective waves?

Whats the structure: HH/HL or LH/LL?

Midframe observation:

Step 3: Entry Setup Zone (1H or 15M)

Are there breakout patterns, pullbacks, or retests forming?

Can you clearly define your entry, stop, and target?

Are there any candlestick patterns or indicator confirmations?

Entry setup:

Final Filter: Confidence Alignment

Is the setup in alignment across all timeframes?

Is there at least one layer of confluence (e.g., S/R zone + pattern)?

Rate your trade confidence (110): _____

Proceed with trade? (Yes / No)